

ALTON RUNNERS YOUNG MEMBERS GUIDANCE –

1. Junior Members

Junior Members of Alton Runners are defined as club members aged between 12 and 15 years. Applications for membership shall be made to the Membership Secretary as stipulated in the Club Constitution and Rules. Junior Members will:

- Not be eligible to vote at General Meetings of the club or stand for election to the committee.
- Not be automatically registered as members of England Athletics.
- Upon reaching the age of 15 be eligible to register with EA, if requested by their Responsible Adult.
- Be eligible to enter races up to the distances specified for their age in UK Athletics Rules (unless a higher age limit is set by the race organisers).
- Only be permitted to attend club training sessions that are deemed by the Committee and/or Coaching Team as appropriate. These training sessions will usually be sessions aimed at improving stamina, speed or technique (usually held on Tuesday evenings).
- Be accompanied by one of their nominated Responsible Adults when attending club training sessions.
- Adhere to the rules of athletics; treating all athletes, coaches and officials with respect.
- Arrive at training in kit suitable for athletics.
- Inform the coach or leader of any medical condition or injury that may affect their ability to train.
- Adhere to the safety rules, following the advice of coaches.
- Avoid bad language and irresponsible behaviour.
- Report any behaviour they are uncomfortable with to a coach or responsible adult.
- Not post any inappropriate comments regarding club members, coaches or officials on any social networking sites.
- Not leave training venues without knowledge of or permission of the coach or responsible adult.

2. Photography and Video

Alton Runners recognises the need to ensure the welfare and safety of all young people in athletics. In accordance with the UK Athletics child protection policy and procedures, we will not permit photographs, video or other images of children/young people to be taken without the consent of the parents/carers and children/young people.

Alton Runners will take all possible steps to ensure these images are used solely for the purposes they are intended. If you become aware that these images are being used inappropriately you should inform the Club/County Welfare Officer immediately.

3. Responsible Adults

Junior Members' Responsible Adults must:

- Be one of the persons nominated on the Junior Members Membership Form.
- Be present at the training session in which the Junior Member is participating.
- Accept full responsibility for the welfare and behaviour of the Junior Member whilst they are attending Club activities.
- A Responsible Adult may "sponsor" more than one Junior Member – however, only one Junior Member may accompany their Responsible Adult at any training session.

4. Coaches/Leaders

All members of the coaching team shall:

- Respect the rights, dignity and worth of every athlete and others involved in athletics and treat everyone equally.
- Place the welfare and safety of the athlete above the development of performance
- Be appropriately qualified including obtaining DBS clearance, update their licence and education as and when required by UKA.
- Ensure that activities they direct or guide are appropriate for the age, maturity, experience and ability of the individual athlete.
- Ensure that a Junior Member stops training during a particular session or for a period of time, for example if the coach/leader feels that continued training may negatively impact the Junior Member's well-being.

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5. Training Sessions

- If there are sufficient Junior Members at a training session then the coaching team will train these in a separate group. The Junior Members group will be coached by someone with minimum qualification of “Leader in Running Fitness”. A second adult will assist the leader of this group.

6. Codes of Conduct

Members including Young Members and Coaches are reminded of Alton Runners Rule and Constitution clause 10.2 which states:

10.2 All members are to adopt the principle that everyone within the club should be safe and protected, and each member is responsible for ensuring individuals are afforded the highest standard of care by adopting and promoting good practices as laid out in the following UK Athletics/England Athletics welfare policies:

- a) UKA and HCAF Adult Safeguarding Policy April 21.
- b) UKA and HCAF Adult Safeguarding Procedures April 21.
- c) UKA and HCAF Child Safeguarding Policy April 21.
- d) UKA and HCAF Child Safeguarding Procedures April 21.
- e) UKA and HCAF Safeguarding Regulations April 21.
- f) UKA and HCAF Codes of conduct booklet 2021.